



## Enhancing Country Action on Mental Health

This year's Mental Health Forum will take place on 14-15 October and will provide an opportunity for diverse stakeholders to discuss progress on WHO's Mental Health Action Plan in countries. The theme for the Mental Health Forum this year is "*Enhancing Country Action on Mental Health*," reflecting the vision of WHO's 13<sup>th</sup> General Programme of Work.

*Highlights in this year's programme include the following:*

### High-Level Segment: Mental Health on the Political Agenda

Mental health's position on the political agenda has significantly risen over the last year. During our High-Level Segment, we will review the progress, learn about new initiatives and discuss ways to enhance country action.

We will present the **WHO Special Initiative for Mental Health (2019-2023): Universal Health Coverage for Mental Health** conceived to strategically advance policies, advocacy and human rights, and scale-up quality interventions and services for people with mental health conditions, including substance use and neurological disorders.

### World Mental Health Day 2019:

In celebration of World Mental Health Day, we will organize a lunch time seminar on suicide prevention.

There will be the Launch of **The mhGAP Community Toolkit**, aimed at increasing and facilitating country action and community implementation of mental health, and of the publications **Preventing suicide: a resource for pesticide registrars and regulators** and **Preventing suicide: a resource for filmmakers**.

We will discuss how **WHO tools** are supporting the implementation of policies and mental health interventions in different age groups and across different settings, and how we can do better.

WHO will present its work and **consult** with you on a range of key topics relevant to country action.

As always, there will be plenty of time for informal networking.

*For more information and registration, please contact [\(\[mhForum@who.int\]\(mailto:mhForum@who.int\)\)](mailto:mhForum@who.int)*

# Mental Health Forum

14-15 October 2019  
WHO, Geneva  
Executive Board Room

## Enhancing Country Action on Mental Health Provisional agenda

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### Monday 14 October 2019

- Prior to the meeting **Online registration**
- 09:00 – 10:30 **Opening plenary – High-Level Segment**
- Mental health on the global political agenda
  - Statements by Member States
- 10:30 – 11:00 **Coffee break**
- 11:00 – 12:30 **Plenary session: new tools and updates**
- mhGAP Community Toolkit
  - Suicide prevention: new resources for different stakeholders
- 12:30 – 13:30 **Celebrating World Mental Health Day 2019** (*sandwiches will be provided*)
- Lunch break seminar on suicide prevention
- 13:45 – 16:30 **Group Session 1**
- Impact through implementation: How are WHO tools being used in countries?
- Implementation of policies
  - Implementation of mental health interventions in adults
  - Implementation of mental health interventions in children and adolescents
  - Implementation in humanitarian settings
- 16:30 – 18:30 **Reception and networking**
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### Tuesday 15 October 2019

- 09:00 – 10:30 **Plenary session:**
- WHO Special Initiative on Mental Health: Universal Health Coverage for Mental Health
- 10:30 – 11:00 **Coffee break**
- 11:00 – 12:30 **Group session 2**
- Consultations on the following topics:
- Developing a minimum service package for mental health in humanitarian settings
  - Implementation guidance for countries in suicide prevention: LIVE LIFE
  - Workforce development: Project EQUIP
  - ICD 11 implementation guidance
  - Developing an integrated approach to brain health
- 12:30 – 13:30 **Lunch break seminar** (*sandwiches will be provided*)
- Promoting human rights and recovery-oriented services and supports for persons with mental health conditions, psychosocial, intellectual and cognitive disabilities
- 13:30 – 15:00 **Group session 3** (continuation of Group session 2)
- 15:00 – 15:30 **Coffee break**
- 15:30 – 17:00 **Plenary session**
- Summary of group sessions, way forward and closure