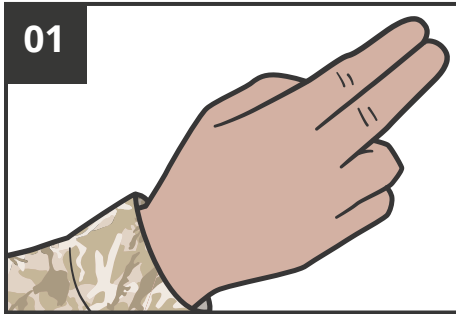
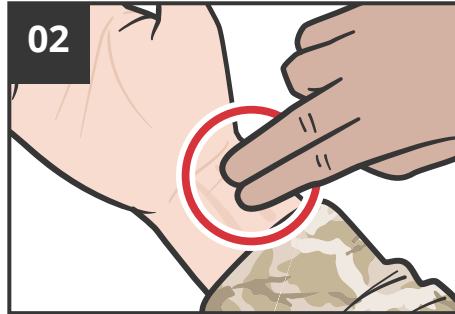


RADIAL PULSE ASSESSMENT



01 **ALIGN** the middle and index fingers of your dominant hand.



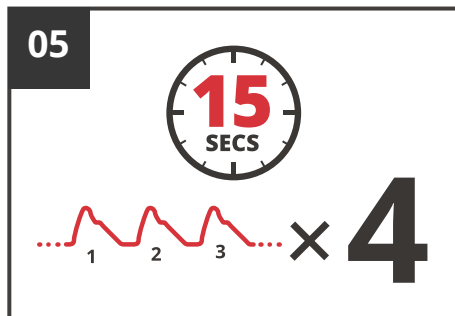
02 **PLACE** your fingers next to this ligament on the same side as the casualty's thumb.



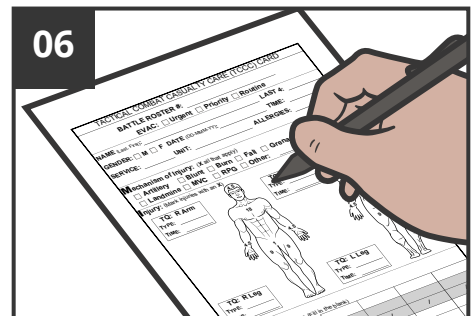
03 **PRESS** your fingers into the hollow space to feel the radial artery beneath the skin.



With a timing device, **COUNT** the beats of the pulse for 15 seconds.



05 **MULTIPLY** that number by four and you will have the casualty's pulse rate (in beats/minute).



06 **DOCUMENT** all findings and treatments on the DD Form 1380 TCCC Casualty Card.

STEP 02 NOTE: If your fingers are on the hard surface of the wrist bones, move them down and along the ligament until they reach a softer area.

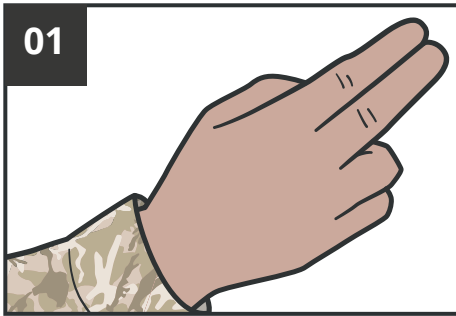
STEP 04 NOTES

NOTE: If you cannot feel the pulse, press a little harder, being careful not to hurt the casualty.

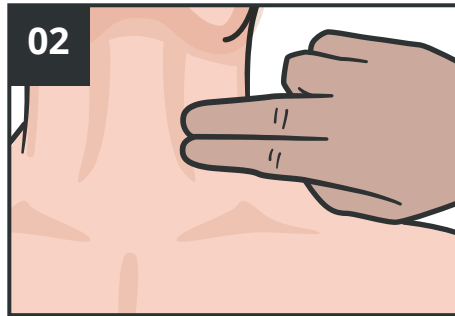
NOTE: If you are still having trouble locating the radial artery, slide your fingers up and along the ligament until you reach the bottom of the wrist bones.

NOTE: At the point where the hollow space meets the wrist bones, the pulse is easier to feel.

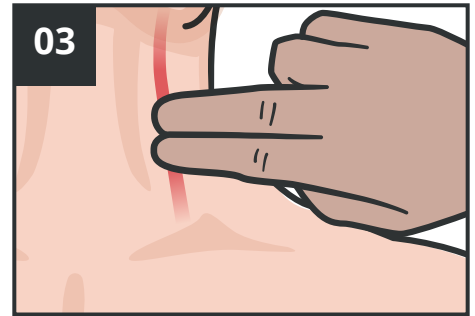
CAROTID PULSE ASSESSMENT



01 **ALIGN** the middle and index fingers of your dominant hand.



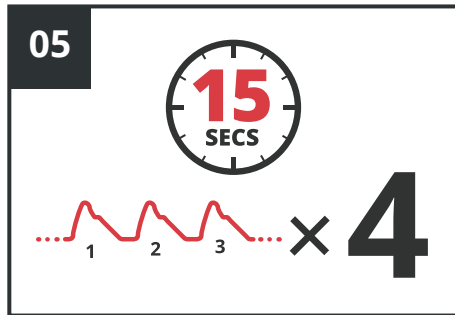
02 **PUT** your middle and index finger on side of the casualty's neck, to the side of the windpipe, to find the carotid artery.



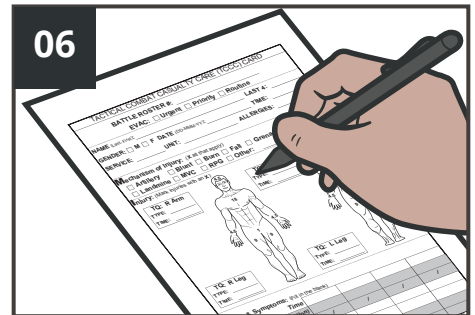
03 **PRESS** your fingers into the hollow space to feel the carotid artery beneath the skin.



04 When you succeed in finding the pulse, **COUNT** the beats of the pulse for 15 seconds with a timing device.



05 **MULTIPLY** that number by four, and you will have the casualty's pulse rate (in beats/minute).



06 **DOCUMENT** all findings and treatments on the DD1380 TCCC Casualty Card.

STEP 03 NOTE: If you cannot feel the pulse, press a little harder, being careful not to hurt the casualty.

CAUTION: Be careful not to press too hard over the carotid artery, as this can cause your patient to become lightheaded.