

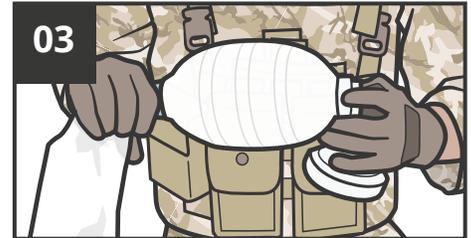
ONE-PERSON BAG VALVE MASK (BVM)



01
POSITION yourself at the top of the patient's head.



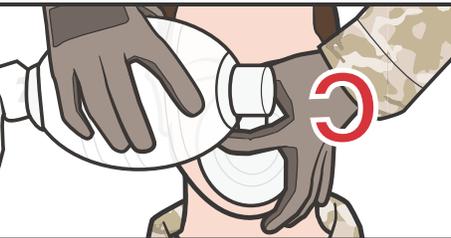
02
INSERT a nasopharyngeal airway (NPA).



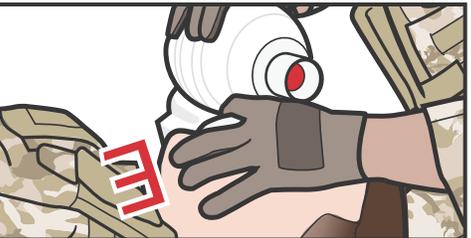
03
ASSEMBLE the BVM (connect the mask to port on the bag).



04
PERFORM an "EC" technique to hold the mask in place over the patient's mouth by using this procedure:



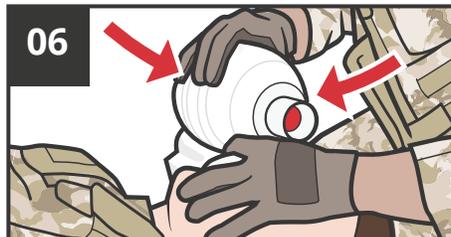
FORM a "C" by placing your thumb over the part of the mask covering the bridge of the nose and your index finger over the part covering the left of the chin.



Seal mask firmly onto face by pushing down with thumb and index finger. While pulling up on the mandible, **FORM** the "E", opening the airway through the head-tilt, chin-lift maneuver.



05
MAINTAIN a seal with one hand using firm pressure to hold the mask in position and seal over the patient's mouth.



06
SQUEEZE the bag with your other hand for 1-2 seconds while observing the chest rise to make certain lungs are inflating effectively.



07
CONTINUE SQUEEZING the bag once every five to six seconds (10-12 breaths/minute).



08
CONTINUE ventilation, observe for spontaneous respirations, and periodically check the pulse.



09
DOCUMENT all findings and treatments on the DD Form 1380 TCCC Casualty Card and attach it to the casualty.

STEP 06 NOTE: Alternatively, the bag may be compressed against your body or forearm to deliver a greater tidal volume to the patient or help with hand fatigue.

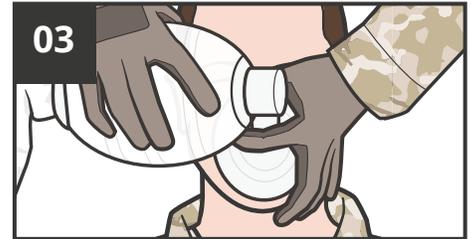
TWO-PERSON BAG VALVE MASK (BVM)



01 **POSITION** yourself at the top of the casualty's head.



02 **INSERT** a nasopharyngeal airway (NPA).



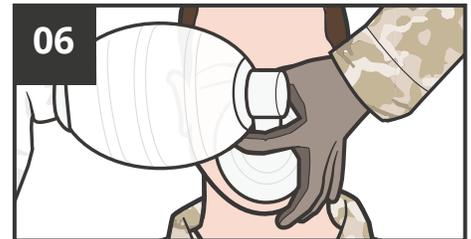
03 **PLACE** the mask over the casualty's mouth and nose.



04 **PLACE** your little, ring, and middle fingers along the mandible (lower jaw).



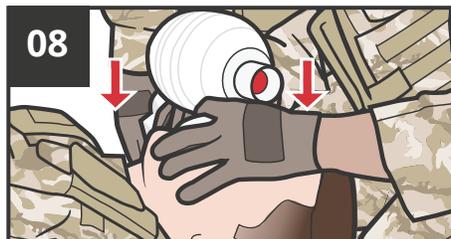
05 **PLACE** your thumb on the upper portion of the mask above the valve connection.



06 **PLACE** your index finger on the lower portion of the mask under the valve connection.



07 With your other hand, **DUPLICATE** the above steps on the other side (mirror image).

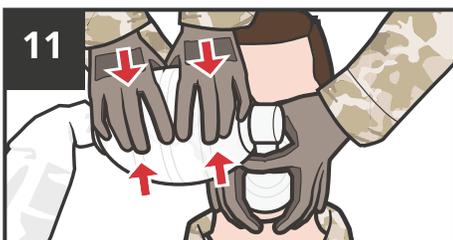


08 **HOLD** the mask in place with both hands to achieve a leakproof seal.



09 Second rescuer slowly **SQUEEZES** BVM with two hands for 1-2 secs until the chest rises.

10 **OBSERVE** for rise and fall of the patient's chest.
 (a) If the chest does not rise, reposition the mask to ensure a good seal.
 Tilt the head and lift the chin to open the airway.
 (b) If the chest rises and falls, continue with step 11.



11 **SQUEEZE** once every 5-6 secs (10-12 breaths/min).



12 **CONTINUE** ventilations, observe for spontaneous respirations, and periodically check the pulse.



13 **DOCUMENT** all findings and treatments on a DD Form 1380 TCCC Casualty Card and attach it to the casualty.