

HEAD-TILT/CHIN-LIFT

NOTE: DO NOT use if a spinal or neck injury is suspected.



ROLL the casualty onto their back, if necessary, and **PLACE** them on a hard, flat surface.



KNEEL at the level of the casualty's shoulders. **POSITION** yourself at the casualty's side.



OPEN the mouth and **LOOK** for visible airway obstructions. **No** blind finger sweeps.



PLACE one hand on casualty's forehead. **APPLY** firm, backward pressure with the palm to tilt the head back.



PLACE fingertips of the other hand under the bony part of the lower jaw and lift, bringing the chin forward.



While maintaining the open airway, **PLACE** ear over mouth and nose, looking toward chest and stomach.



LOOK for the chest to rise and fall.



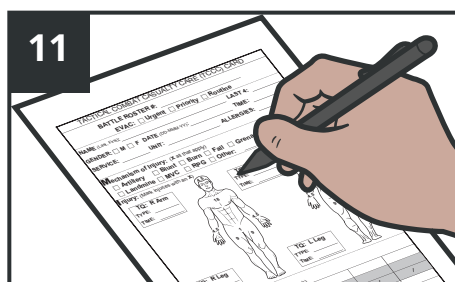
LISTEN for air escaping during exhalation.



FEEL for the flow of air on the side of your face.



MEASURE the respiratory rate.



DOCUMENT all findings and treatments on the DD Form 1380 TCCC Casualty Card.

JAW-THRUST MANEUVER

NOTE: Use this technique when neck/spine injury is suspected.



ROLL the casualty onto their back, if necessary, and place them on a hard, flat surface.



KNEEL above the casualty's head (looking toward the casualty's feet).



OPEN the mouth and look for visible airway obstructions. **REMOVE** any if possible.



REST elbows on the ground or floor.

PLACE hands either side of lower jaw below the ears.

STABILIZE the casualty's head with your forearms.



Using index fingers, **PULL** jaw up while using thumbs to **PUSH** casualty's chin forward.



Keeping airway open, **PLACE** ear over mouth and nose, looking toward chest and stomach.



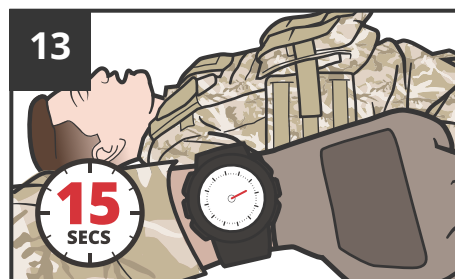
LOOK for the chest to rise and fall.



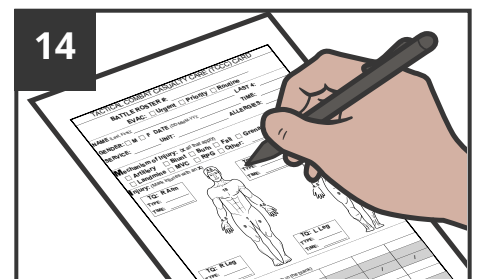
LISTEN for air escaping during exhalation.



FEEL for the flow of air on the side of your face.

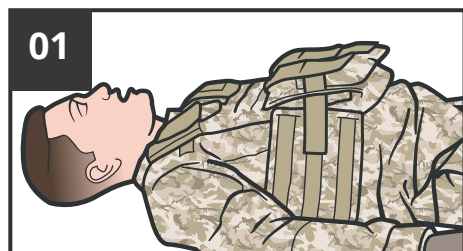


MEASURE the respiratory rate.



DOCUMENT all findings and treatments on the DD Form 1380 TCCC Casualty Card.

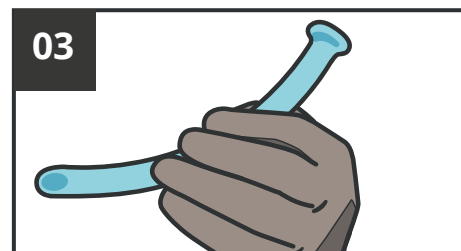
NASOPHARYNGEAL AIRWAY (NPA) INSERTION



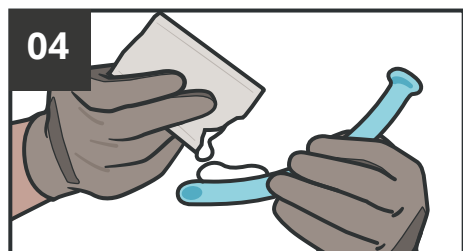
01 **PLACE** the casualty supine (on their back) with their head in a neutral position.



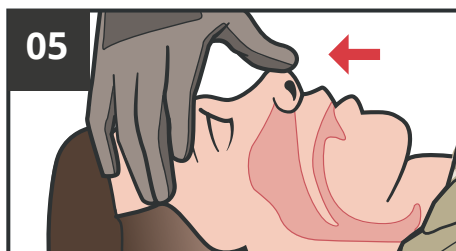
02 **INSPECT** nose and nasal passages for obstructions preventing insertion of NPA.



03 **OPEN** the NPA device in the casualty's JFAK.



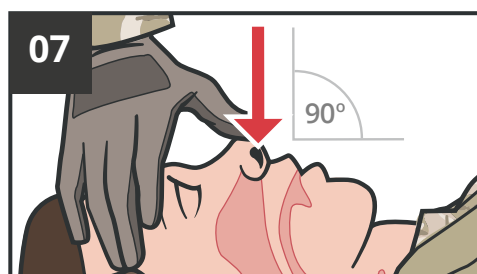
04 **LUBRICATE** end of NPA device with the sterile water-based lubricating jelly found in the JFAK or with water.



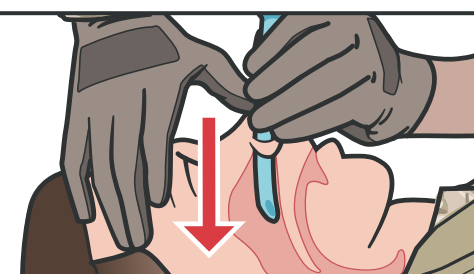
05 **EXPOSE** opening of casualty's right nostril by pushing the tip of the nose upward gently ("piggy the nose").



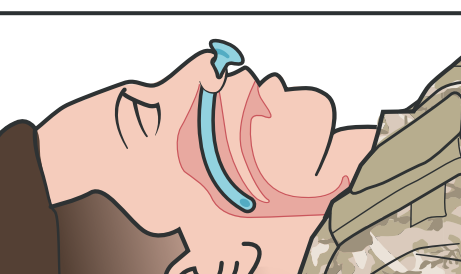
06 **POSITION** tube so that the beveled (open) end faces toward the septum (the strip of skin separating the nostrils).



07 **INSERT** NPA device into the right nostril (at a 90-degree angle to the casualty's face).



08 **PUSH** NPA toward the ground (**not** toward the top of the head) using a fluid movement...



until the flange (flared end) is flush with the nostril.

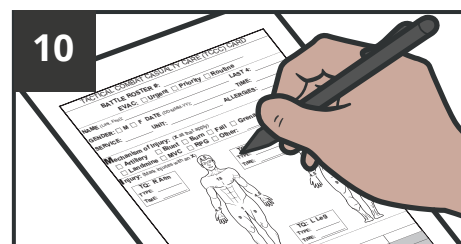
CAUTION: Never force the NPA into the nostril. If resistance is met, attempt a slight twisting motion and try to gently reinsert. If successful, but the casualty gags or chokes, pull the NPA out slightly and leave it in place. If unsuccessful, pull the NPA completely out and attempt to insert it into the left nostril.



08 **REASSESS** breathing and respiration by using the **LOOK, LISTEN**, and **FEEL** technique.



09 **POSITION** casualty in either a sitting or recovery position.



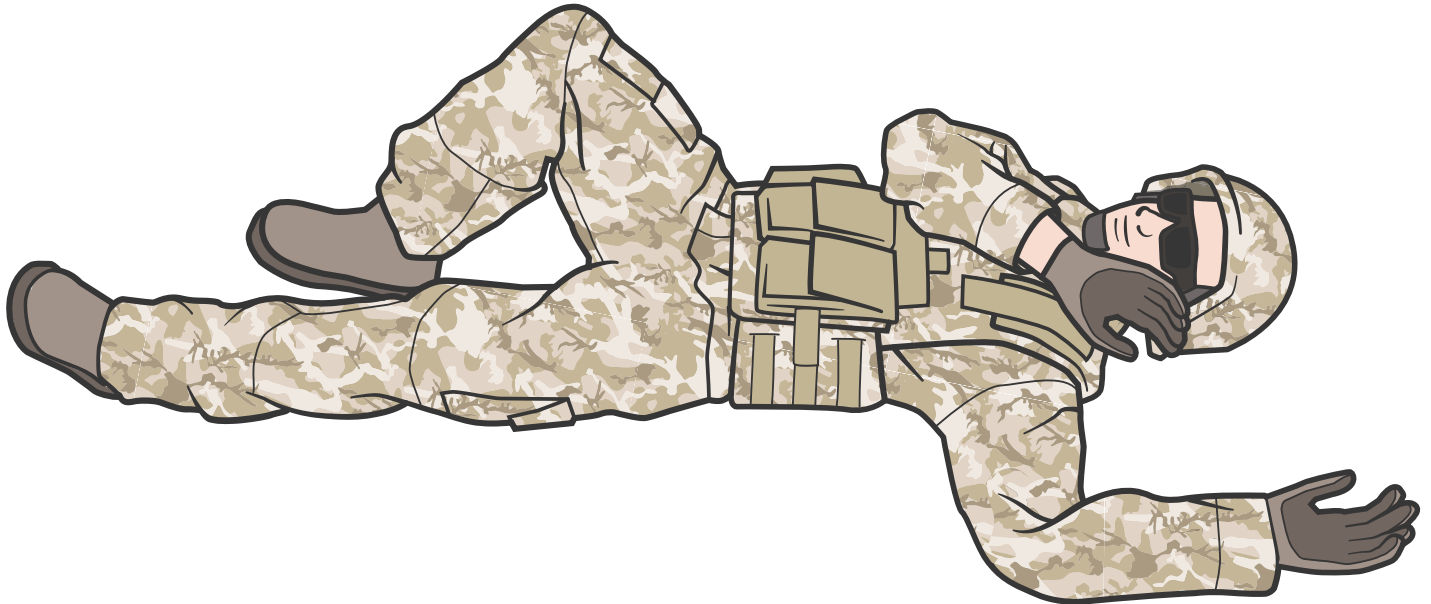
10 **DOCUMENT** all findings and treatments on the DD1380 TCCC Casualty Card and attach to casualty.

RECOVERY POSITION

01 POSITION casualty supine (on their back) without causing any further injuries.

02 PLACE casualty's arm at right angle to the body, bent at the elbow with the hand pointing upward.

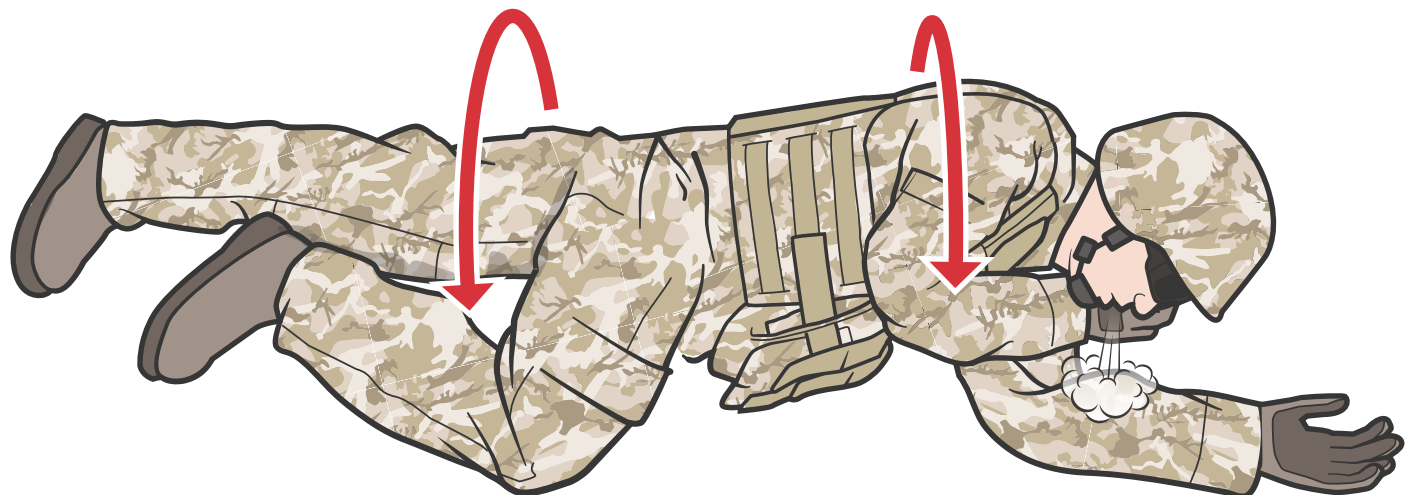
03 PLACE the back of casualty's hand against the opposite cheek.



04 Keep your hand there to **GUIDE** and **SUPPORT** the casualty's head as you roll them.

05 PULL casualty's knee up so that the leg is bent and foot is flat on the floor.

06 Gently **PULL** the casualty's knee toward you so the casualty rolls over onto their side facing you.



07 MOVE bent leg in front of the casualty's body so that it is resting on the floor.

08 Gently **RAISE** the casualty's chin to tilt their head back slightly.

09 DOCUMENT all findings and treatments on the DD Form 1380 TCCC Casualty Card.