

## UNITED NATIONS DEPARTMENT OF OPERATIONAL SUPPORT

# TRIANGULAR PARTNERSHIP PROGRAMME

## **COURSE JOINING INSTRUCTIONS**

## Field Medical Assistants Course 13 – 17 June 2022

## THE REGIONAL SERVICE CENTRE ENTEBBE, UGANDA



## **INTRODUCTION**

- 1. The operating environment faced by United Nations peacekeepers is increasingly demanding and volatile. Peacekeepers are exposed to risks such as being targets of malicious acts; and encounter injury, illness and loss of life in their duties. In this environment, the importance of receiving effective medical treatment at the earliest possible time becomes critical.
- 2. The United Nations is committed to providing a consistent level of high-quality medical care to all mission personnel; regardless of the country, situation or environment in which medical treatment is received. This care commences from the point of injury or illness and continues, if necessary, through to specialist surgical support. Prehospital care is a critically important step in this chain and may be the critical difference in casualty survivability.
- 3. Medical research proves that the risk of death or permanent disability is significantly reduced if treatment is initiated immediately after the onset of a life-threatening injury or illness. Based on this evidence, it is of utmost importance that appropriate life, limb and eyesight saving procedures are provided as quickly as possible. To accomplish this, best practice shows that the 10-1-2 timeline for CASEVAC must be followed.
- 4. The United Nations Triangular Partnership Project (TPP) for rapid deployment of enabling capabilities which started in 2015 with initial focus on engineering has been expanded to include medical capacity building. The medical aspect of the project will focus on one of peacekeeping's major treatment gaps, which was discovered through several Casevac stress tests in 2019. The stress tests concluded that between the delivery of first aid in the first 10 minutes and the 1-hour goal of Advanced Lifesaving Support (ALS), there is no "middle tier" of emergency treatment to keep a patient alive until professional medical help is available.
- 5. It is, therefore, necessary for the UN to establish new live saving interventions, which need to be carried out by better skilled soldiers between the first minutes of a life-threatening event, and the availability of professional resuscitation after max 1 hour.
- 6. Many national, international, civilian and military medical programmes were reviewed in the development of the United Nations Field Medical Care Provider Training Manual. Content from these were then selected and adapted to meet the specific and likely casualty environment of peacekeeping and humanitarian missions. This Training Manual sets out clear standards for the first aid skill sets required.
- 7. In order to prove the concept, the UN/TPP conducted a trial training for field medical assistants at the UN Regional Service Centre Entebbe (RSCE), Uganda, from 7 to 18 October 2019 for trainees from MONUSCO and UNMISS.
- 8. The course being planned from 13 to 17 June 2022 will provide more inputs for the redesign of the package, if necessary.

## **COURSE OVJECTIVE**



9. The aim of the UNFMAC is to reduce incidents of preventable in-service death and disability of United Nations personnel by ensuring that higher qualified non-medical personnel possess the knowledge, skills and capability to provide life-saving interventions to sick or injured colleagues, or others, during the first hour after the incident until more highly trained care providers arrive.

## **COURSE PROGRAMME**

- 10. The following dates will apply to the training:
  - a. Trainees' Arrival: 12 June 2022. Timings to be confirmed.
  - b. Course Starts:13 June 2022 at 0900 hrs.
  - c. Course Ends: 17 June 2022 at 1700 hours.
  - d. Trainees' Departure: 18 June 2022. Timings to be confirmed

#### **SCHEDULE**

- 11. The duration is one (1) week. There will be eight (8) hours of training daily from Monday through Friday. The training team retains the right to revise the programme as may be required. Technical assessment or examination will also be conducted during the course.
- 12. The course is being conducted by the United Nations with the support of instructors provided by the Governments of Brazil, Greece, Japan, Morocco, the Netherlands, Togo, and Viet Nam.

### **PRE-COURSE PREPARATION**

- 13. The handbook of the course will be transmitted electronically to the trainees prior to the course. Kindly inform that a test will be given at the beginning of the course to check students' understanding of the Buddy First Aid and basic knowledge of UNFMAC. Students who do not meet the minimum requirements will finish the course as an observer or role-player.
- 14. The United Nations Peacekeeping Mission is required to adequately prepare their nominees for the course in basic first aid skills.
- 15. All participants are required to prepare a Yellow Fever Vaccination Certificate, a proof of full vaccination for COVID-19, and a negative COVID-19 PCR test certificate issued within 72 hours from the time of sample collection to boarding of the aircraft leaving the missions.
- 16. Antimalarial prophylaxis must be taken prior to travel.

### **TRAINING LOCATION**

- 17. The course will take place at the RSCE, Uganda.
- 18. The UN will arrange meeting and pick up, through RSCE, from Entebbe International Airport in Entebbe to the training location at the start of the course and similarly drop off at the airport on the day of departure.



19. Internet will be provided at the RSCE.

## **TRAVEL DOCUMENTS**

- 20. Travelers usually require the following documents to enter Uganda:
  - Passport with at least 6 months validity remaining
  - Valid visa (usually can be obtained on arrival) See https://visas.immigration.go.ug/
- 21. A military ID card may also be required.
- 22. Field missions shall ensure that all their personnel have valid travel documents such as passport, immunization cards, etc. and the necessary visas or entry permits for Uganda.
- 23. All participants are required to carry a Yellow Fever Vaccination Certificate and a proof of full vaccination for COVID-19.
- 24. Please follow the latest COVID-19 travel requirements of the transit and destination countries. Participants are responsible for the cost of any COVID-19 tests required on their return from Uganda to the missions.

## **MEDICAL**

(\*Note: Medical and COVID-19 information is regularly updated based on new information from the Government of Uganda and the United Nations.)

- 25. All participants are required to carry a Yellow Fever Vaccination Certificate, a proof of full vaccination for COVID-19, and a negative COVID-19 PCR test certificate issued within 72 hours from the time of sample collection to boarding of the aircraft leaving the missions.
- 26. Other recommended vaccinations: Tetanus, Typhoid, and Hepatitis
- 27. Antimalarial prophylaxis must be taken prior to travel. Malaria risk predominantly due to Plasmodium falciparum exists throughout the year in the whole Uganda. Resistance of chloroquine and sulfadoxine-pyrimethamine has been reported. Using DEET-based insect repellent and minimizing body exposure by wearing long pants and sleeves can prevent mosquito bites.
- 28. There is a UN medical clinic located at the RSCE, a level 1 facility that meant to provide primary and emergency care. Its hours of operation are from Monday to Friday, 0830-1730 hrs.
- 29. More information on Uganda health, malaria, and vaccination recommendations can be found here: <u>https://travelhealthpro.org.uk/country/231/uganda#General\_information</u>
- 30. All participants travelling to the RSCE from peacekeeping missions are covered by the UN medical security arrangements provided by the sending mission. Any alternative payment arrangements must



be likewise documented and deposited to facilitate smooth emergency transfer and admission to hospital, if necessary.

## **TPP COVID-19 STANDARD OPERATING PROCEDURES**

- 31. To address the challenges brought by COVID-19, the Department of Operational Support (DOS) has, in consultation with the RSCE and ESB clinic, put in place detailed COVID-19 risk mitigation protocols to ensure that in-person TPP trainings are conducted safely for all participants and host communities. This joint effort culminated in the development of COVID-19 Standard Operating Procedures (SOP) to mitigate the risks posed by COVID-19. Copies of the SOP will be shared available to course participants via email.
- 32. The training will be conducted in a "bubble" with controlled movement outside the RSCE and the accommodation. Individual unapproved outings are not permitted.

## **ACCOMMODATION & CATERING**

- 33. TPP has arranged hotel reservations at the Lake Victoria Granada Hotel. Please visit the hotel website to check existing facilities.
  - http://www.lvhotel.co.ug/
  - P.O.BOX 15, ENTEBBE, Plot 23-31, Circular Road Circular Rd, Entebbe
  - Tel. +256-312310100/+256-414-351600
  - Fax. +256-312310404
- 34. Electricity in Uganda is 240V, 50Hz. The plugs are the Type G (3-pin type) (see pictures below). Bringing an adaptor is advised.



- 35. The hotel has several souvenir shops available with limited provisions. Please note this is not a full supermarket.
- 36. The hotel provides breakfast and dinner, and lunch will be provided at the dining facility in the RSCE during the course.

## LOCAL CURRENCY AND FOREIGN EXCHANGE

- 37. Uganda's currency is the Ugandan shilling. Participants are advised to bring means (cash or credit/debit card) for the duration of the training. There are a bank and ATMs at the hotel and the RSCE, which accept major credit cards for withdrawals (except AMEX).
- 38. Most major currencies are accepted at the airport for changing into Ugandan shillings, but US Dollar, Euro and British Pound are the most widely accepted foreign currencies. It is recommended that participants exchange some money at the airport upon arrival.



### **COMMUNICATION**

- 39. Wi-Fi will be available in the accommodation and lecture rooms. Note that the service is not for downloading very large volume files or watching movies which can potentially slow down the service and necessitate restrictions on usage.
- 40. Participants may bring their own laptops, tablets, cell phones, etc. The security of all such personal items is the individual's own responsibility.
- 41. Various cell phone providers are available in Uganda. SIM cards and credit can be purchased at the airport on an individual basis.

### **UGANDA WEATHER**

- 42. Entebbe's climate is tropical. The city is in central-southern Uganda, practically at the equator, on the shores of Lake Victoria, at an altitude of 1,100 meters (3,600 feet), and about 30 km (18 mi) southwest of Kampala. The altitude and the waters of the lake mitigate the climate, which is warm without excesses all year round. As for the rains, we are in one of the wettest areas of Uganda. There is no dry season, however, there are two rainier periods, from March to June and from October to December. The wettest months are April and May.
- 43. Please check weather from the website: https://www.timeanddate.com/weather/uganda/entebbe

### **SECURITY**

- 44. The RSCE and the accommodation are located in a fenced compound near the Entebbe International Airport.
- 45. On arrival, the UN will arrange for administrative, logistic, and security briefings relating to the RSCE, the training, the UN, and Uganda.

### **TRAINER/TRAINEE CONDUCT**

- 46. The United Nations expects that interactions during the course are handled with respect, dignity, constructiveness and friendliness. We expect that the diverse opinions will generate a lot of discussions and lead to greater bonding.
- 47. Trainees are expected to actively participate in discussions with enthusiasm and to share their medical, peacekeeping experience and lessons learnt freely.
- 48. The highest standard of discipline is expected from all course participants based on mutual respect for diversity. Cases of indiscipline will be dealt with using the mission's and national military command.



- 49. The most senior Non Commissioned Officer will be responsible for the administrative control of all trainees as course leader. She/he shall forward all issues relating to administration and logistics in writing to or shall verbally inform the UN designated official at the training location.
- 50. All training issues that require urgent attention shall be addressed to the head of the training team or a UN designated official at the training location.

## **DRESS CODE**

- 51. During the training hours, and during all informal meetings, participants are expected to be wearing their national military uniforms (working/fatigue dress/camouflage). Participants may bring along overalls/coveralls for field work.
- 52. For the opening and closing ceremonies, combat dress for uniformed military personnel is required.
- 53. After training hours, including mealtimes, casual and cultural dressing is permitted.

## **POINTS OF CONTACT**

54. Points of Contact for the course are:

### a. Triangular Partnership Programme, United Nations Headquarters, New York

Ms. Machiko Kawasaki, Medical Training Officer, +1 929 3924724, +81 90 46938625 machiko.kawasaki@un.org

### b. Triangular Partnership Programme, United Nations Office at Nairobi, Kenya

Ms. Mary Njeri Thiong'o, Training Officer, +254 7 20 357 573, mary.thiongo@un.org

## c. The UN Regional Service Centre Entebbe (RSCE), Uganda

Ms. Rachel Lustin, Administrative Assistant, lustin@un.org (for administrative issues).



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